

## ॥ Ath Adityahridayam ॥

Tato yuddha parishraantam samare chintaya sthitam.  
Ravanam chagrato drishtva yuddhaya samupasthitam ॥ 1॥

Daivataishcha samagamya drashtumabhyaagato ranam.  
Upagamyaabravidraamam-agastyo bhagavaanrishih ॥ 2॥

Ram Ram mahaabaho shrinu guhyam sanaatanam.  
Yena sarvaan-areenvatsa samare vijayishyasi ॥ 3॥

Adityahridayam punyam sarva-shatru-vinaashanam.  
Jayaavaaham japen-nityam-akshayyam paramam shivam ॥

4॥

Sarvamangalam-aangalyam sarvapapa-pranashanam.  
Chintaa-shokaprashamanam aayurvedhanamuttamam ॥ 5॥

Rashmimantam samudyantam devasura-namaskritam.  
Pujayasva vivasvantam bhaaskaram bhuvaneshvaram ॥ 6॥

Sarvadevaatmakohyeshha tejasvi rashmibhavanah.  
Esha devasuraganaallokaan paati gabhastibhih ॥ 7॥

Esha Brahma cha Vishnushcha Shivah Skandah Prajapatih.  
Mahendro Dhanadah Kaalo Yamah Somo hyapaam Patih ॥

8॥

Pitaro Vasavah Saadhyaashvinau Maruto Manuh.  
Vaayurvahnih Prajaapraanah Ritukartaa Prabhaakarah ॥

9॥

Adityah Savitaa Suryah Khagah Pushaa Gabhasthimaan.

Suvarnasadrisho Bhaanur-hiranyaretaḥ Divaakarah || 10||  
or Bhaanuvishvareta

Haridashvah Sahasraarchih Saptasaptirmarichimaan.  
Timironmathanaḥ Shambhustvashtaa Maartanda  
Anshumaan || 11|| or Maartanda

Hiranyagarbhah Shishirastapano Bhaaskaro Ravih.  
Agnigarbho'diteḥ Putraḥ Shankhah Shishiranaashanaḥ ||  
12||

Vyomanathastamobhedi Rigyajuhsaamapaaragah.  
Ghanavrishṭirapam Mitro Vindhyaaveethi Plavangamah ||  
13||

Aatapi Mandali Mrityuh Pingalah Sarvatapanah.  
Kavirvishvo Mahatejaah Raktah Sarvabhavodbhavaḥ || 14||

Nakshatragrahataaranaam-adhipo Vishvabhavanaḥ.  
Tejasaamapi Tejasvi Dvaadashaatmannamo'stu te || 15||

Namah Purvaaya Giraye Pashchimaayaadrye Namah.  
Jyotirgananaam Pataye Dinaa-dhipataye Namah || 16||

Jayaaya Jayabhadraaya Haryashvaaya Namō Namah.  
Namō Namah Sahasraamsho Adityaaya Namō Namah ||  
17||

Nama Ugraaya Veeraaya Saarangaya Namō Namah.  
Namah Padmaprabodhaaya Maartandaaya Namō Namah  
|| 18|| or Maartandaaya, Prachandaaya

Brahmeshnaachyuteshaaya Suryaayaadityavarchase.

*Bhasvate Sarvabhakshaya Raudraaya Vapuse Namah || 19||*

*Tamoghnaaya Himaghnaaya Shatrughnaayaamit-aatmane.  
Kritaghna-ghnaaya Devaaya Jyotishaam Pataye Namah ||  
20||*

*Taptachamikaraabhaaya Vahnaye Vishvakarmane. or  
Haraye Vishvakarmane  
Namastamo'bhinighnaaya Ruchaye Lokasaakshine || 21||*

*Naashayaty-asha Vai Bhootam Tadeva Srijati Prabhuh.  
Paayaty-asha Tapatyasha Varshaty-asha Gabhasthibhih ||  
22||*

*Esha Supteshu Jaagarti Bhooteshu Parinishthitah.  
Esha Evaagnihotram Cha Phalam Chaivagnihotrinam || 23||*

*Vedaashcha Kratavashchaiva Kratunam Phalameva Cha.  
Yaani Krityaani Lokeshu Sarva Esha Ravih Prabhuh || 24||*

## *|| Phalashrutii ||*

*Enamaapatsu Kritisreshu Kaantareshu Bhayeshucha.  
Keertayan Purushah Kashchinnaavasidati Raaghav || 25||*

*Pujayasvainamekagro Devadevam Jagatpatim.  
Etat Trigunitam Japtva Yuddheshu Vijayishyasi || 26||*

*Asmin Kshane Mahaabaho Ravanam Tvam Vadhishtyasi.  
Evamuktva Tada'agastyo Jagaama Cha Yathaagatam || 27||*

*Etachchhrutva Mahateja Nashtashoko'bhavattadaa.*

*Dhaarayamaasa Supreeto Raaghavaḥ Prayataatmanvan ॥*

*28॥*

*Adityam Prekshya Japtva Tu Param Harshamavaaptavaan.*

*Triraachamya Shuchirbhutva Dhanuraadaaya Veeryavaan*

*॥ 29॥*

*Ravanam Prekshya Hrishṭa-atmaa Yuddhaya*

*Samupaagamat.*

*Sarva Yatnena Mahataa Vadhe Tasya Dhṛito'bhavat ॥ 30॥*

*Athā Raviravadannireekshya Ramam*

*Mudita-manah Paramam Prahrishyamanah.*

*Nishicharapatīsankshayam Viditva*

*Suraganamadhyagato Vachastvareti ॥ 31॥*

*Iti Adityahridayam Mantram ॥*